



**FRIENDS OF
THE ROYAL
Hospital**
Donnybrook

The Friends is a charity dedicated to supporting the Royal Hospital Donnybrook and its patients.

Our mission is to raise much needed funds to support research, equipment and capital projects which will enhance the facilities, comfort and care provided to the patients at the hospital.



**RAISING FUNDS FOR RESEARCH,
PATIENT CARE AND CAPITAL
PROJECTS FOR THE HOSPITAL**

About the Friends of The Royal Hospital Donnybrook

The Friends of the Royal Hospital Donnybrook, was founded by Mr. Dick Tennant in 1989. It is a registered Charitable Company with the objective of raising funds for research, patient care and capital projects for the Hospital.

Our Chairman, Oisín Quinn

The Board of the Friends ensures that the money we raise makes a real impact on the care and treatment received by the patients at the Hospital. Working closely with The Royal Hospital Donnybrook's excellent team of clinical staff we identify state of the art equipment and projects that can make a real difference to patient outcomes. This would not be possible without the generosity of our donors and supporters and everyone who contributes to our events and fundraising initiatives throughout the year.

Thank you.



Lisa Cogan, Medical Director

Thanks to the ongoing support by the Friends of the Royal Hospital Donnybrook, the quality of life of our residents and patients is enhanced. We are a publicly funded hospital and as a result are very restricted in our budget when it comes to the provision of equipment and enhancing the general surroundings .

The Friends have funded many pieces of clinically very effective rehabilitation equipment; The Andago, a Pressurised Mapping System, Powered Wheelchairs, redecorating the coffee shop and two family rooms.

The two Hospital Transport Buses which the Friends have donated to the hospital allows us to safely and in a timely fashion transport our patients to St. Vincent's and other clinical hospital facilities for outpatient and diagnostic appointments. Without this transport, our patients and residents would be waiting for wheelchair taxi or reliant on often ageing carers and relatives. The positive impact of this cannot be measured from a patient experience perspective.

The environment in a rehabilitation setting is important to promote enablement and independence. As part of their therapy, patients are encouraged to walk our long corridors with distances marked. Along these corridors, beautiful Artwork is on display which is a welcome distraction as well as inspiration to our patients.

We continue to be grateful to the Friends for their contribution to the quality of life of our patients and residents who are often very frail and vulnerable during their time with us in the Royal Hospital Donnybrook.



Evonne Healy, Director of Nursing

In RHD each unit nursing team is led by a Clinical Nurse Manager and as well as staff nurses, the team comprises care assistants, household staff and the ward clerk. The team works collaboratively with colleagues from other disciplines to provide person centred services to people with complex healthcare needs. In



addition we welcome a team of volunteers who continue to be committed, giving of their free time to support and enhance the quality of life for our patients and residents. The support of the Friends is instrumental to the nursing team and our colleagues. The Friends funded Life Stories Training which involves recording meaningful moments of a person's past and present life, and then using this information to benefit the person in his/her present situation. It is of particular benefit to some of our residents who cannot partake in group activities. The refurbishment of two of our Family Rooms is very important to the residents and family members as this is the only space where private time can be enjoyed.



PHYSIOTHERAPY DEPARTMENT

Mission of Physiotherapy Department

Advocate, Enable, Empower

Vision of Physiotherapy Department

To advocate, enable and empower our patients to achieve their optimal well being. To provide excellence in clinical care through education, training and innovation. To deliver a holistic patient centred approach through collaborative teamwork within our integrated care campus.

Elaine Ross, Head of Physiotherapy Department

The physiotherapy department provides care to all rehabilitation wards, the day hospital service as well as the residents living in Rowans, Cedars and Oaks wards.

The Friends have funded many pieces of equipment including The Andago machine and specialised bikes, to mention just a few, over the years.

A total revamp of the Physiotherapy Department in 2020 funded by the Friends will bring the Royal Hospital Donnybrook into the 21st century offering a centre of excellence for Physiotherapy.

The department will provide an environment of hope, enablement and potential. The addition of new equipment and environmental design will go a long way to creating our future mission and vision for the physiotherapy department in providing a physio space/hub centred around our patient's needs.



TESTIMONIAL

Aoife Cullen, Patient

“ I found The Royal Hospital Donnybrook worked really well.

The Physiotherapist listened to what my needs were. It was one of the first places that worked for my MS.

The physiotherapy was very individualised, supportive and appropriate for me.

The latest improvements in equipment are important to continue.



”

Before



After



Occupational Therapy Department Jo Cannon Head of OT

Occupational Therapy (OT) is the use of assessment and treatment to develop, recover or maintain the daily living and work skills of people with physical, mental or cognitive disorders. Occupational Therapists focus on identifying and eliminating environmental barriers to independence and participation in daily activities by adapting the environment, modifying the task and teaching new skills.



The Friends funded an exciting piece of therapeutic equipment the Bioness Integrated Therapy System (BITS). This is a new interactive therapeutic tool that modernises the treatment of neurological conditions. As a result of having this technology we are now able to use an interactive digital touch screen rather than pen and paper when designing treatment programmes for our patients undergoing rehabilitation.



This technology allows a visual screen to give patient's immediate results and feedback. The clinical treatment areas available to therapists include;

- Visual Rehabilitation – increase visual search and scanning abilities
- Cognitive Rehabilitation – attention, memory and problem solving skills
- Eye-hand Coordination
- Improve peripheral vision
- Boost confidence for completing daily living tasks

In addition the Friends funded a Pressure Mapping System for the detection and prevention of pressure areas in patients when sitting in specialised seating systems. There is a high level of disability within our resident / patient population and preventing pressure areas developing is a high priority for patient comfort and well-being.



Funded by the friends and pictured above is a polytunnel where patients and residents can exercise their green fingers.



The weekly art class is also a very popular activity.

THE FRIENDS FUNDRAISING

Our main fundraising event during the year is our Annual Golf Day held in Elm Park Golf Club. Other events which we run are a Ladies Fundraising Lunch in the Merrion Hotel, our Family Fun day in the grounds of the hospital, a Cultural Evening in the Concert Hall, and our Christmas Carols for the patients and residents of RHD.

Refurbished Coffee Shop



Family Fun Day



Elm Park Choir Christmas Carols



Golf Day - Elm Park



Ladies Lunch



Family Fun Day





Friends of the Royal Hospital Donnybrook

The Friends of the Royal Hospital Donnybrook

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Charity Number

20025199

All donations welcome

You can donate by post or by phone. Debit card and Paypal payments can be made on the website www.friendsofrhd.ie

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